



LEARN TO OVERCOME YOUR

FEAR OF FLYING

A SPECIALIZED COURSE TO HELP NERVOUS TRAVELERS

THURSDAY, JUNE 4, 2026

6:00 - 8:00 PM

ALBANY INTERNATIONAL AIRPORT FIRE HOUSE

10 JETWAY DRIVE, LATHAM, NY 12110

MEET THE INSTRUCTORS



Dr. Griffan Randall, a Capital Region based psychiatrist, will discuss phobias and proven techniques to manage fears.



Retired Capt. Rick Weiss, a former Southwest Airlines pilot, will explain aviation, how the aircraft functions and answer questions about turbulence, lighting, and more.

\$125 TO ATTEND

CHECKS PAYABLE TO DR. GRIFFAN RANDALL

To register or for more information, contact mhunter@albanyairport.com